Fresh Press

Produce that's Fresh. Information that's to the Point.





asparagus

Very little volume from Mexico, with even less production from Peru as their season wanes—expect fair to poor quality at best. Overall, supplies will continue to be very tight for at least 7-10 days.



avocados

Quality is good from Mexico. Demand is good from promotions planned for Big Game ads.

beans-green

Supplies and quality remain good from FL.

berries–black, blue, & raspberry

Blueberries: Product from South America may have occasional fruit rot due to long transit times and delays in offloading. Blackberries & Raspberries: Mostly good offshore fruit quality—watch for overripe fruit from long transit times. Supplies are good and markets steady.



berriesstrawberry

Consecutive rain storms out west continue to hamper harvesting operations as growers in Oxnard cancel harvesting. Watch for white shoulders, wet packs, and pin rot. Light, but steady, supplies expected from FL and Mexico for the next 2 weeks due to cooler wet weather. The market is steady.

broccoli & ALERTI cauliflower

Broccoli: Quality is fair to good with the market active due to lighter supplies. **Cauliflower:** Quality is good and improving. The market is high and supplies limited for the next 7-14 days.



Mostly good quality with occasional discoloration. Markets are active due to lighter supplies. The forecast is light for next 2-3 weeks.

January 18th, 2019

Sysco[®] At the heart of food and service

Top **5** Five

1.COLLARD GREENS & KALE ALERT!

Supplies are short due to limited raw product supply.

2.MUSHROOMS ALERTI Supplies are short from storms disrupting composting and logistics between facilities.

3.0NIONS—GREEN ALERT! The market is active due to short supplies from cold weather.

4.PEAS—SNOW & SNAP ALERT! Demand will be stronger due to the Mexico freeze.

5.PEPPERS GREEN The market is active with short supplies expected the next couple of weeks.

Outlook

WEST COAST

The western U.S. remains inundated with rain from consecutive storms, some even reaching the desert growing region. Sunny weather is forecasted for next week, bringing relief.

MEXICO

Winter storms in Mexico are bringing cold temps to higher elevations and the desert regions as it accumulates in Central Mexico—bringing rain to the region as well.

EAST COAST

South FL will experience a brief cold snap this week, warm up over the weekend, then repeat the same weather pattern again next week. Expect a slight decrease in production due to brief cold snaps hitting the south FL growing area.



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citrus

Lemons & Oranges: The market is coming down on several lemon sizes, grades, and Navel oranges. Rain could delay harvesting and deplete inventories pushing markets up. Quality is very good. Limes: Quality is fair with occasional discoloration and mostly larger counts. Diesel shortages are affecting transport.

cucumbers

The market is active from short supplies as FL production winds down and moves to Honduran imports with very good quality. Mexican production is improving and quality is good to fair, but hindered from rain and cold weather. Expect supplies to be short for at least 2 weeks.



eggplant

Supplies are tight from south FL from cold, with more Choice available than Fancy and more pronounced quality issues. Expect stronger markets due to the freeze in Mexico.



grapes

CA storage quality is fair at best with soft fruit and ambers. New crop fruit from South America is nice, but demand exceeds supply. Grapes on both coasts are delayed as much as six days.

lettuce–iceberg, leaf, and romaine

Markets are active on iceberg and areen/red leaf, but romaine is in good supply. Increased quality concerns are due to icy conditions.



melons **ALERT!**

Honeydews are in demand exceeds supply as Honeydew production out of Honduras has been hit with quality issues. Guatemalan production is battling weaker fields, and Mexican production is very short.

Please Distribute to:

Executive Chef, General Manager, Kitchen Manager, Purchasing Manager, F&B Manager. Information is subject to daily weather and market fluctuations and is meant to be used as a guide.

January 18th, 2019



Reality Check

		Price —									
		U U				S S					
		SIL		SIN			SIL		SIN		
	-	ЧË		REA	~	-	ÅE A		REA	~	
VEGETABLES	HIGH	INCREASING	AVG	DECRE	LOW	HIGH	INCREASING	AVG	DECREASING	LOW	
Asparagus		•			•	•					
Beans - Green			•					•			
Broccoli		•			•	•					
Cabbage		•			•	•					
Carrots Cauliflower	••••••	•	•					•			
Celery	••••••	••••••				•		•••••			
Com	••••••	••••••		•	•••••	••••••	•	•••••			
Cucumbers	••••••	••••••		•		•		•••••			
Eggplant				•			•				
Herbs - Cilantro		•		•			•				
Lettuce - Iceberg		•			•	•					
Lettuce - Leaf G/R	••••••	••••••			•	•					
Lettuce - Romaine Lettuce - Spring Mix	••••••	•					••••••				
Mushrooms	••••••	•			•	•	••••••				
Onions - Green	••••••	•	•••••		•	•		•••••			•••••
Onions - Red	••••••	••••••		•		•••••	•	•••••			
Onions - Yellow		******		•			•		********		
Peas - Snow/Snap					•	•					
Peppers - Chiles Peppers - Green (e)		•		•		•					
Peppers - Green (e)		•		•		•			•••••••		
Peppers - Green (w) Peppers - R/Y (e)				•		•					
Peppers - R/Y (w)		•							•		
Potatoes - Russet				•			•				
Potatoes - R/W/Yuk		•••••	•	•••••				•			
Potatoes - Yams		••••••		•			•				
Spinach				•			•				
Squash - Yellow (w)				•		•					
Squash - Zucchini (w)		•		•		•					
Squash-Yellow (e)		•		•		•					
Squash - Zucchini (e) Tomatoes - Gr/Ch	••••••	•		•		÷					
Tomatoes - Roma		•		••••••	-	-			•••••••		
Tomatoes - Round	••••••	••••••	••••••					•••••			
FRUITS	•••••		•••••					•••••			
rnulla		•									
Apples		•	•					•			
Avocados		•					•				
Bananas				•			•				
Berries – Blackberry			•					•			
Berries – Blueberry	••••••	•	•					•			
Berries – Raspberry Berries - Strawberry	••••••	••••••			•••••	••••••					
Citrus - Grapefruit	••••••	••••••	•		•••••	•••••		•			
Citrus - Lemons	••••••	•	•					•			
Citrus - Limes	••••••	••••••		•		••••••	•				
Citrus - Oranges	••••••	••••••	•					•			
Grapes - Green				•			•				
Grapes - Red		•		•			•				
Kiwifruit		•		•			•				
Melons - C/H Melons - Watermelon	••••••	•							•		
Pears				•			•				
Pineapple			•					•			
	•••••	••••••		•••••							
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peppers ALERT! Green pepper: The market is high, but steady, as new FL fields begin. Mostly large sizes with Medium, Choice, and Suntan





squash ALERTI The market is very active and

Occasional quality issues.

fair to good.

potatoes

demand exceeds supply due to Mexican weather. Quality is mostly fair to poor and supplies are expected to remain short for 10-14 days. Supplies are limited from cooler temps in south FL, expect to see more scarring, discoloration, and off-sizing, with better quality in zucchini reported.

Cantaloupe arrivals are steady

with sizes trending medium to

the market has adjusted lower.

The demand is good and the

are short due to cold weather.

limited with fair quality. Short

supplies are expected the next

from increased imports and the

Mexican greenhouses. Quality is

coloring up of peppers in the

volume and quality has improved

couple of weeks. Red pepper

onions ALERT!

small (12/15s). Fruit larger than 9ct

is very limited. Better supplies, and

market strong. Green onion markets

tomatoes **ALERT!**

East: The market is steady. Cool weather continues to limit Immokalee supplies. Sizing on small fruit has become active, but large fruit supplies are average. The Roma and grape tomato market has weakened, but cherry tomatoes remain active. West: Volume out of Nogales continues to improve on all varieties, but strong demand has kept the market from making the downturn.